

TO YOUR

# HEALTH

NEWSLETTER FOR THE BOONE COUNTY COMMUNITY • FALL 2023



## Boone County Hospital

One of Iowa's Top-Ranked Hospitals by CMS



SAFE SLEEP  
CERTIFICATION

FOUNDATION  
SPOTLIGHT

COMMUNITY  
IMPACT

PROVIDER  
UPDATE



BOONE COUNTY  
HOSPITAL

EMERGENCY →

Main Entrance →



5-Star Overall Hospital Quality Rating



# BCH Receives 5-Star Rating from CMS



**T**his past summer, Boone County Hospital found out they received a 5-star rating from the Centers for Medicare & Medicaid Services (CMS).

CMS updated its Overall Hospital Quality Star Ratings for 2023, awarding 483 U.S. hospitals with a rating of five stars.

The hospitals that received five-stars in Iowa were:

- Boone County Hospital
- VA Central Iowa Healthcare System (Des Moines)
- St. Luke's Hospital (Cedar Rapids)
- Iowa City VA Medical Center

- MercyOne Dubuque Medical Center
- Finley Hospital (Dubuque)
- Lakes Regional Healthcare (Spirit Lake)
- Waverly Health Center

CMS assigns star ratings to U.S. hospitals annually based on 46 hospital quality measures. These are divided into five quality categories: safety of care, mortality, patient experience, readmission rates and timely and effective care. Data reporting periods range from July 2018 to March 2022, depending on the measure.

“We are very excited and honored to receive a 5-Star rating from CMS,” says Mikaela Kienitz, CEO of Boone County

Hospital. “This award demonstrates the high quality of care we provide at Boone County Hospital. It shows how much we care about our patients and their outcomes. I am extremely proud of and grateful for the team of individuals who work here and their commitment and dedication to patient care. We believe we have worked hard to earn the confidence of our community and achieving this type of recognition from CMS, when ranked against other hospitals, continues to support the fact that excellent care is available right here in Boone.”

# Safe Sleep Certification



**N**ational Safe Sleep Hospital Certification Program in Boone, Iowa, was recently upgraded from the bronze level, achieved in 2021, to a silver level certified hospital for their commitment to best practices and education on infant safe sleep by the National Safe Sleep Hospital Certification Program. Boone County Hospital (BCH) is one of nine hospitals in the state of Iowa that is Safe Sleep Certified (as of September 2023); of those nine, BCH is the only critical access facility that is certified.

The National Safe Sleep Hospital Certification Program was created in 2015 by Crib for Kids®, a national infant safe sleep organization. Headquartered in Pittsburgh, PA, Crib for Kids is dedicated to preventing infant sleep-related deaths due to SUID (Sudden Unexpected Infant Death) and accidental suffocation. As a Nationally Certified Safe Sleep Hospital, BCH continues the commitment to follow safe sleep guidelines recommended by the American Academy of Pediatrics (AAP) and provide training programs

for healthcare team members and family caregivers.

“Sleep-Related Death (SRD) results in the loss of more than 3,500 infants every year in the U.S.,” said Michael H. Goodstein, M.D., neonatologist and medical director of research at Crib for Kids®. “We know that modeling safe infant sleep in the hospital and providing education to families has a significant effect on infant mortality. Crib for Kids Hospital Certification Program is designed to recognize those hospitals that are taking an active role in reducing these preventable deaths.”

“This certification is a great achievement for the Hospital as well as providing a significant resource for the entire community for the most up to date infant safe sleep recommendations/

Mikaela Kienitz, Lisa Paige, Christine VanderLeest, Dena Sytsma, Laura Krieger



“This certification is a great achievement for the Hospital as well as providing a significant resource for the entire community for the most up to date infant safe sleep recommendations/education.”

– CHRISTINE VANDERLEEST

education,” said Christine VanderLeest, RNC Family Birth Center, coordinator and leader of the Safe Sleep Certification initiative. “We are committed to reducing the risk of SIDS and our staff are well educated to give the best possible start to our infants.”

**For more information on the Crib for Kids® National Safe Sleep Hospital Certification Program, visit <https://cribsforkids.org/hospitalcertification/>**



**Swinging Success: A Tee-rific Tournament**

Another fabulous day for our Mike Scheuermann Memorial Golf Tournament! Once again, we had 40 teams and 160 golfers at capacity, playing on a beautiful course with fantastic summer weather.

Thank you to BCH Nutrition Services, VisionBank, and Saints Avenue for providing our meals – especially VisionBank for the complimentary pass-thru brat lunch. Net profits were over \$21,000 to support programs such as Department Requests. Thank you to all who made this day a huge success. Save the date for next year, Thursday, July 25, 2024. To view photos from our 2023 Tournament, visit [boonehospital.com/foundation/events/golf](http://boonehospital.com/foundation/events/golf)

**Pedals & Pavement: Hustling to the Finish**

The 14th Annual Trestle Hustle was a tremendous success and our largest event ever. A record 157 athletes from all over Iowa, Nebraska, Illinois, Ohio, and Texas registered for our 5K, 10K, and Duathlon (run, bike, run) event at the High Trestle Trail in Madrid.

Finishers received a medal, belt bag, and a goodie bag with giveaways, including trail mix donated by the BCH Auxiliary. Thank you to our Corporate Sponsors and all who made this day a great success. Our net profits were \$7,181, which supports our programs, such as Educating & Empowering U. Save the date for Trestle Hustle 2024 (Saturday, June 15, 2024). To view photos from our 2023 event, visit [boonehospital.com/foundation/events/th](http://boonehospital.com/foundation/events/th).



# BCH FOUNDATION HARVEST FESTIVAL

DENIM & DIAMONDS

FRIDAY, NOVEMBER 10 | 5:30 PM | COBBLESTONE INN & SUITES

<p>\$100 EVENT TICKET +\$200 TABLE RESERVATION +\$400 VIP EXPERIENCE</p>		<p>AUCTION &amp; FUND A NEED DINNER &amp; DESSERT GAMES &amp; RAFFLE</p>
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SCAN ME

TO PURCHASE TICKETS, SCAN THE QR CODE OR VISIT  
[BOONEHOSPITAL.COM/FOUNDATION/EVENTS/HF](http://BOONEHOSPITAL.COM/FOUNDATION/EVENTS/HF)



## Gift of Grain

Steve Dakin's commitment to community service is extensive. He has been a member of the Rotary Club since 1975, holding various roles and receiving the Guardian of Integrity Award in 2012. His volunteer efforts extend beyond Boone County, reaching numerous countries worldwide.

Closer to home, Steve and his wife, Lesley, are supporters of the Boone County Hospital Foundation (BCHF). Steve became a volunteer Board Member in 2022. They recently contributed to the Foundation by gifting proceeds from the sale of grain, citing the importance of supporting the local Hospital and the good feelings he gets from giving back. Steve also noted the potential tax benefits with the gift of grain, particularly for individuals over 65 on Medicare who could potentially lower their monthly cost with such donations. "For these reasons, any chance I can, I give a gift of grain," Steve shared.

Troy Thompson, CFP, Thompson Financial, Inc, shares why this type of donation benefits the donor. "By giving grain to charitable organizations, your support can benefit both the donor and the charity. The donor can potentially get a reduction in taxable income, while the charity gets the full value of the gift. It is one of many great strategies that donors can utilize to support their charities. Always consult your tax and financial advisor before executing a gift of grain."

If you're interested in making a gift of grain or have questions about this option, please get in touch with Sara Klute Behn at [sbehn@bchmail.org](mailto:sbehn@bchmail.org) or call 515.433.8470.



## Year-end Giving

Year-end giving is more than just a tradition; it's an opportunity to invest in the health and wellness of Boone County and its residents. Our Hospital and healthcare providers are vital in keeping our community safe and healthy. Your generosity ensures that our staff has the tools and resources to continue to provide exceptional care.

The goal is to raise an additional \$45,000 for the BCH Foundation's Endowment Fund before December 31 to sustain essential projects and initiatives.

### Opportunities to Give

**Harvest Festival (November 10)** Attendees are encouraged to participate in the "Fund A Need" initiative, contributing to a lasting impact on the community - our Endowment. Contributions can be made on this day or at any time if you are unable to attend.

**Giving Tuesday (November 28)** This day signifies the global day of charitable giving. We request that you consider joining millions worldwide to give back to your charity of choice. We hope you choose the BCH Foundation to help sustain the endowment and support the Foundation's mission.

**Monetary Donations** can be made via cash, check, credit card, or Donor Advised Funds, which are directed toward Hospital products and supporting programs.

**Matching Gifts** is an opportunity for donors to check with their employers for potential matching gift programs, which could amplify the impact of their donations.

**Gifts of Appreciated Assets** is an opportunity to donate stocks, bonds, or other appreciated assets to support the mission while gaining tax benefits.

**Legacy Giving** is an opportunity to include the Boone County Hospital Foundation in estate plans for a lasting impact on community health.

Every contribution, of any size, helps build a healthier community. Together, the community and the BCH Foundation can shape a brighter future by improving the lives of individuals and families in Boone County.

Donations can be made through the Foundation's Facebook page, website ([www.boonehospital.com/foundation](http://www.boonehospital.com/foundation)), or by mail, BCH Foundation, 1015 Union Street, Boone, IA 50036. For more information, please contact Sara Klute Behn via email at [sbehn@bchmail.org](mailto:sbehn@bchmail.org) or phone at 515-433-8470.

# BCH Created \$1,480,472 Impact on Local Economy in 2022

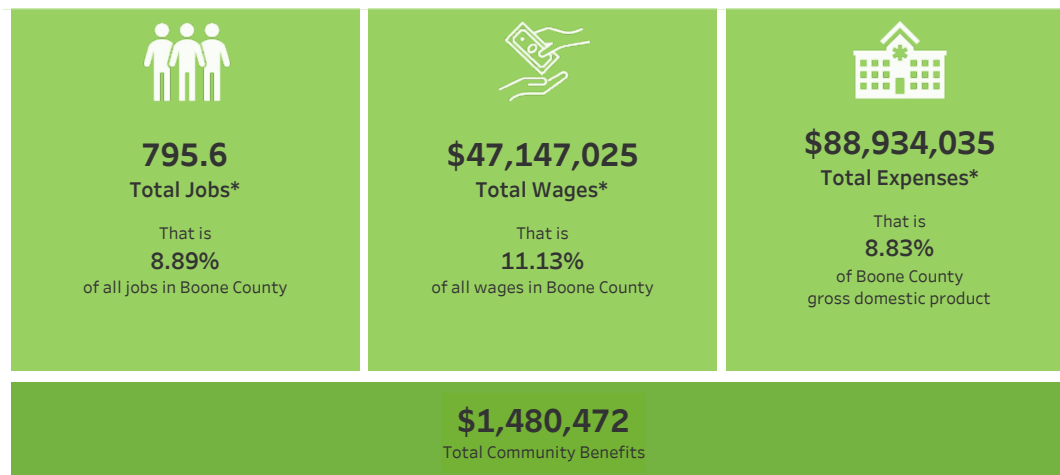
In all, Iowa's hospitals provided **145,252 jobs** statewide



**Mikaela Kienitz, BCH CEO**



**Troy Thompson, BCH Board of Trustees Chair**



\*Data includes wage, job, and expenses multiplier

Last year, Boone County Hospital (BCH) generated 796 jobs that added \$47,147,025 to Boone County's economy, according to the latest study by the Iowa Hospital Association.

"We are excited and proud to share our local impact with you," says Mikaela Kienitz, BCH CEO. "Boone County Hospital is a vital part of the economic landscape in our community. We work hard to bring new services and programs to Boone County, so those services are available locally. We are also working to build new and strengthen existing community partnerships so we can continue to be a strong community

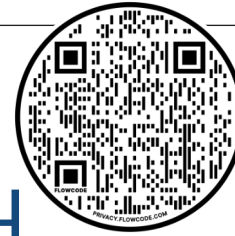
advocate and partner."

The study was compiled from hospital-submitted data to the American Hospital Association's annual survey of hospitals. The study found that Iowa hospitals employed 145,252 people in 2022. As an income source, hospitals provided over \$9.3 billion in wages. Hospital expenses accounted for over \$21.5 billion of the state's gross domestic product.

"We are proud of the positive economic impact our Hospital has on our community," says Troy Thompson, BCH Board of Trustees Chair. "This is a nice ancillary benefit that is made possible due to our focus on our

primary mission, which is 'Improving and enhancing the health and well-being of those we serve.'"

"Iowa's hospitals and health systems implemented the programs and services accounted for in this study in response to their communities' needs," IHA President and CEO Chris Mitchell said. "Many of these programs and services wouldn't exist without hospital support and leadership. These efforts, with IHA's advocacy, help ensure the financial stability of hospitals, making it possible for them to provide the services and programs most-needed by the people they serve."



See our latest job listings.  
Join the BCH team!



# Provider Changes at BCH

## Dr. Paulson, Iowa Ortho, Expands Hours

**Benjamin Paulson, M.D.**, Iowa Ortho, has expanded his hours in the Boone County Hospital (BCH) Specialty Clinic. He is now at BCH every Tuesday from 8 a.m. to noon, with surgeries in the afternoon. Dr. Paulson is a Board-Certified hand surgeon specializing in the treatment of hand and upper extremity disorders.



Benjamin Paulson, M.D.

## New Providers at the Specialty Clinic

Due to some restructuring of oncology outreach services with McFarland Clinic Oncology, **Austin Greco, M.D.**, is now at the BCH, Specialty Clinic, and is holding outreach clinics on Wednesday mornings. Dr. Greco received his Medical Degree from the University of Iowa Carver College of Medicine in Iowa City. Dr. Merchant is no longer providing outreach in Boone and has referred his patients to Dr. Greco. He has expressed how much he will miss coming to Boone and seeing his patients.



Austin Greco, M.D.

**Brett Voigt, D.O.**, The Iowa Clinic, is now providing vascular care to patients in the Specialty Clinic. He is coming to the Clinic one Wednesday per month. Dr. Voigt received his Medical Degree from Rocky Vista University. His specialties include Aortic and Aneurysmal Disease, Peripheral Vascular Disease, Critical Limb Ischemia, Carotid Artery Disease, Venous Disease, and Dialysis Access.



Brett Voigt, D.O.

## New BCH Providers

**Kris Shaver, PA-C**, is providing family medicine two days a week at Boone County Family Medicine South. She is currently seeing patients that are unable to get into their regular BCFM doctors at the South Clinic by appointment. Kris received her Physician Assistant Degree from Des Moines University. For an appointment, call the South Clinic at (515) 432-2335.



Kris Shaver, PA-C

**Cameron Anderson, PA-C**, is providing care at Boone County Family Medicine (BCFM) North. He is currently seeing patients that are unable to get into their regular BCFM doctors at the North Clinic by appointment. Cameron received his Master of Physician Assistant Studies from the University of Nebraska Medical Center Physician Assistant Program in Omaha.



Cameron Anderson, PA-C

# Medical Staff

## Discrimination is Against the Law

Boone County Hospital complies with applicable Federal civil rights laws and does not exclude people or treat them differently because of race, color, national origin, age, religion, sex, gender identity, sexual orientation, or disability.

### Anesthesia

Genev Calek, CRNA  
Kayla Campbell, CRNA  
Rebecca Clark, CRNA

### Dermatology

Janeen Busch, ARNP ..... 432-2335

### Emergency

Timothy Evert, D.O.  
Jason Sheffler, D.O.  
William Napier, M.D.

### Family Practice

Cameron Anderson, PA-C..... 432-4444  
Joshua Anderson, D.O..... 432-2335  
Abby Bennett, DNP..... 795-4300  
Tammy Chance, D.O ..... 275-2417  
Devi Dunker, D.O ..... 432-2335  
Trishia Filipiak, M.D..... 432-4444  
Stephanie Gorsuch, ARNP ..... 795-4300  
J. Lindsey Hay, M.D..... 432-4444  
Kate Linkenmeyer, M.D..... 432-4444  
Rodney Logan, M.D..... 432-2335  
Eric Peterson, M.D..... 432-2335  
Kristine Shaver, PA-C..... 432-2335  
Rienera Sivesind, M.D..... 432-4444  
Scott Thiel, M.D..... 432-2335  
Dawn Tingwald, ARNP..... 275-2417

### General Surgery

Jeffrey Maire, D.O ..... 433-8500  
Jay Seligman, D.O..... 433-8500

### OB/GYN

J. Lindsey Hay, M.D..... 432-4444  
Kate Linkenmeyer, M.D..... 432-4444  
Rienera Sivesind, M.D..... 432-4444

### Pain Clinic

Christopher Hanson, CRNA, MS,  
ARNP.....212-2420  
Damiun Bassandeh, CRNA.....212-2420

### Pathology

Trisha Andersen, D.O.  
Christopher Johnson, M.D.  
Jamie Weydert, M.D.

### Podiatry

John Erickson, D.P.M., AACFAS,  
FACFAOM .....433-8500

### Radiology

Randy Anderson, M.D.  
Kyle Freeman, M.D.  
Nima Golchin, M.D.  
Grant Goldsberry, M.D.  
Dean Gute, M.D.  
Alexander Harvin, M.D.  
Douglas Lake, M.D.  
Tyler McCurdy, D.O.  
John McGarity, D.O.  
David Sosnouski, M.D.

### Walk-In Clinic

Anna Allen, ARNP  
Katelyn Brown, PA-C  
Mollie O'Brien, DNP  
Mindy Royster, ARNP  
Elaine Walker, PA-C  
Brianna Wessels, ARNP

### Wound and Hyperbaric Center

Malarie Bender, PA-C..... 433-8740  
John Erickson, D.P.M., AACFAS,  
FACFAOM ..... 433-8740  
Scott Thiel, M.D..... 433-8740

## OUTREACH CLINIC

### Ophthalmology

Nicolas Hamouche, M.D.,  
McFarland Clinic..... 239-4460

## BCH SPECIALTY CLINIC.....433-8300

### Allergy

Jay Brown, M.D., McFarland Clinic

### Audiology

Lisa Gardner, MS, CCC-A, Mercy ENT

### Cardiology

Rakshak Sarda, M.D., Iowa Heart Center

### ENT

Cory Mineck, M.D., Mercy ENT  
Matt Morgan, M.D., Mercy ENT

### Nephrology

Jacob Alexander, M.D., McFarland Clinic

### Oncology

Austin Greco, M.D., McFarland Clinic

### Ophthalmology

Gregory Christiansen, M.D.,  
Wolfe Eye Clinic

### Orthopedic Surgery

Steven Aviles, M.D., Iowa Ortho  
Craig Mahoney, M.D., Iowa Ortho  
Benjamin Paulson, M.D., Iowa Ortho  
Jared Carter, PA-C, Iowa Ortho  
Casey Howe, PA-C, Iowa Ortho

### Physical Medicine and Rehab

Todd Troll, M.D., Iowa Clinic

### Podiatry

Todd Miller, D.P.M.

### Pulmonary Medicine

Amerlon Enrriquez, M.D., The Iowa Clinic  
Katrina Guest, M.D., The Iowa Clinic  
James Mallen, D.O., The Iowa Clinic

### Vascular Surgery

Brett Voight, D.O., Iowa Clinic