

Running Injury Therapy



Our priority is to help you reach your goal.



**Do you have an injury that is
interrupting your training?
Physical Therapy at
Rehab Services can help!**

Therapists trained in video gait analysis can help to identify and correct problems with your running form, and teach you appropriate stretches and exercises to keep you moving. From the seasoned, competitive athlete to those just beginning, this program is for you! Let us help you get back on the road and running towards your goals.

 **BOONE COUNTY
HOSPITAL**

Rehabilitation Services

1015 Union Street, Boone
(515) 432-7729 ● www.boonehospital.com

*A referral is preferred. For more information,
call (515) 432-7729 and ask for
Dana Schmidt, DPT.*